



Pattern Passing To Goal

Category: Technical: Crossing & Finishing
Difficulty: Difficult

John Adams, Bethany, United States of America
Individual-Young Member

Description

This session will look at pattern passing in the midfield that leads to pass down the flank to a cross and finish. We look to make this situation as game like as possible, so we add a back four. Our next game is against a Stopper-Sweeper, so we arrange the back 4 as so.

Screen 1

Ball starts on Foot of A.

A plays to B, B plays back to A.

A plays to C, C plays to D.

D plays to E, E plays back to D.

D plays the ball deep into corner for F.

A, B, C and E are the runners in the box, while D moves up field to support the play.

F will look to make a decision going to goal.

Defenders in yellow will play live once the ball sent into the corner.

After play has been completed, play from the left side of the field, which is a mirror image of the pattern on the right.

Coaching Points:

Passing in midfield must be one or two touch.

Pass the ball to the correct foot.

Players body position when receiving and playing the ball.

